

Canadian Aquatic Therapy Conference • Zoom Day • Oct 17 2021 <i>Via Zoom – link will be sent to you</i>	
Time: 1 – 5 PM EST	Topics
1:00 – 1:30 PM	<p>Welcome!</p> <p>Alison & Connie: <i>Greetings and timely topics</i></p> <p>Chat box: <i>You are welcome to share your name, location, & aquatic rehab involvement. Please include your email / contact info if you wish to connect with others.</i></p>
1:30 – 2:30 PM	<p>Dual Task Training – Emily Dunlap, PT: <i>Take full advantage of the aquatic environment using dual-task training techniques to achieve functional mobility. Emily will present the rationale, evidence and therapeutic use of dual-task training for patients with balance and cognitive challenges.</i></p>
2:30 – 2:40 PM	Nature break • Grab a snack • Connect & chat with others
2:40 – 3:40 PM	<p>SCI and Aquatic Therapy – Alison Bonnyman, PT. <i>Individuals with spinal cord injury present with unique challenges and can truly benefit from the aquatic environment. Alison will review the evidence, precautions, contraindications and aquatic therapy techniques that address abilities and functional goals for these individuals.</i></p>
3:40 – 3:50 PM	Nature break • Grab a snack • Connect & chat with others
3:50 – 4:45 PM	<p>Finding Water – Connie Jasinkas, M.Sc., CEP <i>We need water for life, but also for aquatic therapy! Connie will lead a discussion about access to appropriate aquatic spaces. What are your issues? What solutions have you found? Are you building your own aquatic space? Share your ideas and questions.</i></p>
4:45 – 5:00 PM	<p>Final Thoughts: <i>Questions • Ideas • Questions • Resources • Links</i></p>

SCI Ontario Donation Page:

There is no cost to attend this training event, but you must register – see registration box on this page. Rather than charging a registration fee, we hope you will donate to the cause of spinal cord injury. **On the site, find DONATE, click: "Give In Honour" • "In Honour of" • name CATC in the box.**

Please use this link to donate to the cause: <https://sciontario.org/give/>